



**Norfolk Learning
Difficulties Service**

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The Mutual Caring Project

Group Discussions Group Discussions

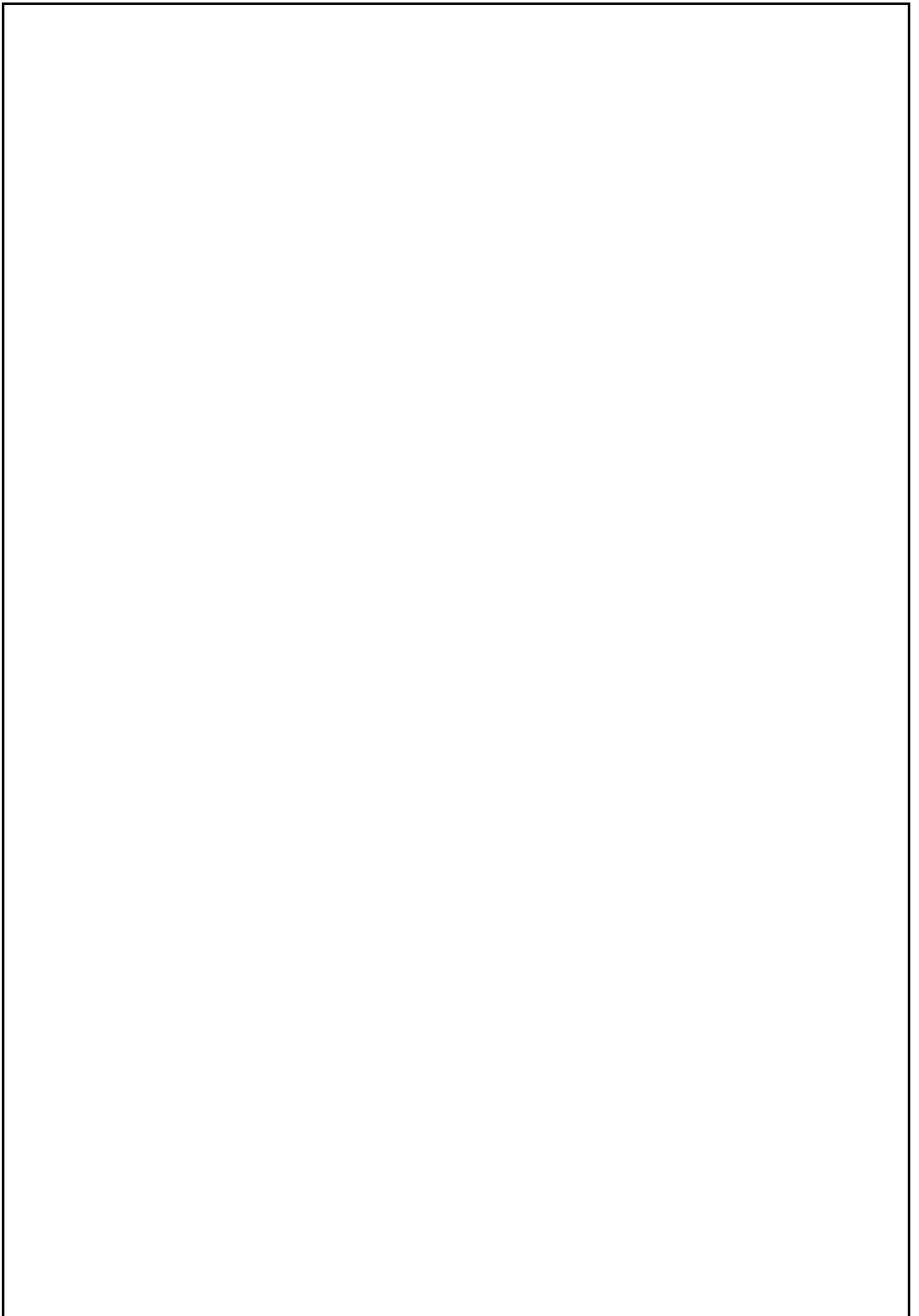
Working with older people in Norfolk

Age Concern Norfolk Charitable Company Limited by Guarantee Registered Office: Age Concern County Office,
300 St Faith's Road, Old Catton, Norwich, NR6 7BJ Registered in England 3783205 Registered Charity No. 1077097

Norwich and Norfolk Voluntary Services, Charing Cross Centre, 17/19 St John Maddermarket, Norwich, NR2 1DN
Registered Charity No. 264484



INVESTOR IN PEOPLE



Introduction

A. Show identification, make your introductions and explain what the project is about:

- Mutual Caring is the recognition that while your family carer looks after you, you also care for your family carer.
- The aim of the Mutual Caring Project is to look at what help you give.
- We want to see how best we can help you continue providing help.

B. Explain that the discussion will remain **confidential and anonymous**.

Work through the consent form and make sure everyone signs it and are happy to participate.

- Names will not be linked to what people have said and the information will only be passed onto Vicky Potter, the project co-ordinator.
- The information will go into a report but once again no names will be used.
- Stress that if someone does not want to answer a question they do not have to.
- **Inform participants that if they have something they want to tell you that they do not want to say in front of the group that they can talk to you on a one-to-one basis after the group discussion.**

C. Provide everyone involved in the discussion with an **information pack** and explain what it contains.

- The material is not ideal as it is not designed for people with learning difficulties and it is an issue we hope this project will address.
- In the meantime we believe it is still important for you to have this information because you are a carer and should have that recognition.

